What is reasonable to expect?

Parent knowledge check | Ages 5-18

Name (optional): _____ Date: _____

Circle ONE answer per question based on what you think today. Complete before the group discussion, without using the key. Suggested time: 8-10 minutes.

1. A 5-year-old is learning to put toys away. What is a reasonable expectation?

A. Put away a few toys using labeled bins and adult reminders.
B. Organize the entire room without help every day.
C. Wait until age 8 before helping with cleanup.

2. A 6-year-old forgets part of a three-step morning routine. What would you expect?

A. A learned routine should never need reminders.
B. A picture checklist and practice may still be needed.
C. An adult should take over the routine permanently.

3. A 7-year-old becomes very upset after losing a game. What is the most appropriate response?

A. Expect immediate calm because the child knows the rules.
B. Avoid all games that might cause frustration.
C. Help the child calm down, then practice handling disappointment.

4. An 8-year-old has practiced putting away laundry. What is a reasonable next step?

A. Expect perfect folding before allowing participation.
B. Let the child put away clothing, with occasional checks or reminders.
C. Keep doing all laundry tasks for the child until adolescence.

5. A 10-year-old is asked to clean the kitchen for the first time. What is most reasonable?

A. Explain and model specific steps, then check understanding.
B. Expect the child to know everything included in “clean the kitchen.”
C. Assume incomplete work means the child is refusing to help.

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Continue with questions 6-10.

6. An 11-year-old wants to cook a simple meal but has little stove experience. What is appropriate?

A. Allow independent stove use because of age alone.
B. Delay all cooking instruction until age 16.
C. Teach the steps and supervise until safe skills are demonstrated.

7. A 13-year-old wants more say in household responsibilities. What is a reasonable approach?

A. Keep all decisions with the adult, without discussion.
B. Offer choices among suitable tasks and agree on clear expectations.
C. Remove household responsibilities to avoid conflict.

8. A 15-year-old struggles to manage homework, activities, and chores. What is most appropriate?

A. Help plan priorities and check in, reducing support as skills improve.
B. Expect adult-level time management because the teen is in high school.
C. Take over all planning until the teen graduates.

9. A 17-year-old is preparing for greater independence. What is a reasonable expectation?

A. The teen should manage every adult responsibility without guidance.
B. Life skills can wait until the teen leaves home.
C. Practice budgeting, appointments, and household tasks with agreed support.

10. Two children are both 9, but one has a disability and needs more support with tasks. How should expectations be set?

A. Use identical tasks and deadlines because their ages match.
B. Match tasks and support to each child's skills, access needs, and safety.
C. Avoid giving any responsibilities to the child who needs support.

My confidence in my answers: Low / Medium / High